The People's Pulpit Palm Sunday



St Thomas sets its heart toward being a Christian Home which welcomes, encourages, and seeks to inspire people.

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THE RECTOR'S WARDEN: DIANE CLEMENT

Greetings to Everyone at St. Thomas in the Spring of 2023.

As we have entered the season of Lent and move forward into Holy Week in April, with services on Maundy Thursday, Good Friday and our Easter Sunday service on the 9th, you can feel the changes in the air with spring upon us.

I just returned from a vacation to the Canary Islands, which turned out to be more than even expected. I am refreshed and look forward to being your Rector's Warden for my third year. With Rev. Lee going on Sabbatical Leave, I can bring experience onto Parish Council from my previous 2 years. Congratulations to John Bottriell who will work beside me as People's Warden and to the other members of Parish Council, congratulations and thank you for sitting on P.C. at St. Thomas.

It pleases me to see our "new" Youth Group up and running and our hope is to see new members join. The team put on a great Pancake Supper and have been doing other fun events together as a group.

Open Table started up again in February with our monthly dinners and this is certainly an outreach to the community, that has been missed during the 2 plus years of Covid. Please pass the word around, so the community of Stittsville will know, our O.T. is serving meals again.

It is nice to have Coffee Hour running again, after our 9:30 a.m. service and if you haven't joined us downstairs, please drop down for some refreshments and chit chat. A great way to meet folks from the congregation.

If you have any questions or concerns, please speak to me personally or call me and I will answer your questions and if I don't have an answer, I guarantee I will take your question or concern to Corporation.

We are an active Parish at St. Thomas and it certainly feels good to be working together and socializing and planning again.

Happy Easter Everyone. Diane Clement



catholic religious easter greetings -Clip Art Library (clipart-library.com)

PEOPLE'S WARDEN (Previous year): STEPHEN WILLETTS

This is message that Stephen submitted for the Vestry Report and he has given me his permission to include it here.

How quickly a year passes and what a privilege to serve as People's Warden during a year when life took on some semblance of normality after the Covid disruption. I want to take this opportunity to thank Lee, Diane, Ryan, Nicole, Carolyn and our Parish Council for their support, advice and guidance as I attempted to fulfil my responsibilities as Warden.

Re-reading the Warden's reports from last year it quickly becomes evident how during the last year life changed at St. Thomas. Last year's reports reflected the impact of Covid, lock downs and the isolation that came with that. Happily, 2022 saw recovery and an end to many of those deprivations experienced at the height of Covid. St. Thomas began a return to normality in 2022, with regular in person services, the sharing of the Chalice, the return of Coffee Hour, music, passing of the collections plate, pastoral care visits and many other "normal" activities, including a brief stint as the movie capital of Stittsville!

Financially the church managed to maintain a robust fiscal position. The success of rental opportunities, including our relationship with the Greek Food truck business and the space rental agreement with the movie company certainly helped, given the limited opportunity for some of our traditional fundraising methods. 2022 also saw a renewed Stewardship Campaign and thanks to Bob Lomas for overseeing this and to the congregation for stepping up.

You will recall the devastating storm that damaged the church and many of our trees back in May 2022. Fortunately, the financial impact of this event was minimalized and working with the Diocese, we were able to clean up the site and effect the repairs, with most of the cost being met from the Diocesan Insurance Fund. As with any building there are always running repairs to be undertaken and we are fortunate to have a Facilities Team who do such a standout job, including overseeing the window replacement upgrades that took place this past year, a great joint effort by the Team and the Altar Guild.

We saw changes in the office at St. Thomas in the early part of 2022, with Nicole leaving the Parish Administrator post, after many successful years, to move pastures new, although of course she remains a key part of our congregation. Fortunately, after a successful search process, the Corporation were very pleased to appoint Carolyn Cheer as our new administrator and newest member of our team.

To conclude, despite the many challenges sent our way, over the recent past, we can with God's help look forward to more hopeful times during 2023 and beyond.

Stephen Willetts People's Warden 2022-23

PEOPLE'S WARDEN (Current): John Bottriell

I am honoured to be your People's Warden as confirmed at our recent Vestry Meeting. Although this is my first time in this position, I have been an active volunteer in this Parish since the early 1980's with the building of this church, and as a youth leader, sides-person, lesson reader, communion server and with facilities maintenance. Now it is my time to take on the role of Warden. Along with administrative responsibilities, I shall make myself as available as possible to answer any question you may have and keep you informed.

The recent Vestry report highlighted the extensive scope of activities undertaken by the Parish. We are truly blessed by the various fellowship groups that allow us get to know each other better as we work together. If you are not involved with one of these groups I would encourage you to consider the benefits of doing so.

I am looking forward to our continued journey of fellowship.

John Bottriell People's Warden

FROM THE EDITOR : Mary Anne Reinhard

Easter and Spring are coming. I know that the calendar says that we are in Spring time but that was a little difficult to believe on Saturday watching the flurry of snowflakes that once again covered our deck! I have seen Robins and Blackbirds in the neighbourhood and honestly saw someone's crocus sprouts venturing to pierce the ground so I know that warmer weather is coming.

Please find a list of the Holy Week Services following this note. We will follow the story of Jesus after the celebration of Palm Sunday to the Maundy Thursday and the Last Supper. We can join in reflecting on that somber Good Friday and then take part in the joy of celebrating Jesus' resurrection.

This newsletter contains some articles pertaining to Easter, announcements of or from new officers and committee leaders, news from the youth group and the return or continuations of new events. Please continue to watch for the news that is sent out by email or through the Bulletins as there are some events that might be in the planning stage but were not finalized in time for this edition of the People's Pulpit. There are also some requests for volunteers to assist with some of the activities in our Parish. Please consider offering your help if you can, there are a variety of opportunities: music, working with children, coffee hour, open table and so much more. The gift of time and talent can bring both the giver and the recipient more rewards than thought possible.

Note that the next deadline for the June People's Pulpit will be **June 11th** so that I can have it available for the 18th.

Holy Week Services 2023

Maundy ThursdayApril 6th at 7 p.m.Good FridayApril 7th at 11 a.m.



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Easter Sunday April 9th 9:30 a.m.



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Visually Remembering Jesus at Easter

The Altar: It is symbolic of the table where the Last Supper was held. When made of wood it is a symbol of our Savior's cross. When made of stone it is a symbol of the rock on Calvary. It is usually raised on 3 steps to represent Father, Son and Holy Spirit, also so to teach the need for Hope, Faith and Charity.

Altar Candles or lights: These are used as symbols of Him who is "the light of the world'. They are placed on the altar to represent the mysterious but real presence of Christ. The two Eucharistic candles symbolize our Savior as human and divine – One who can feel for us in our trials and as God will help us in them. Their shining in daytime teaches that spiritual life is to conquer and survive this present world.

Fair Linens: This is a white cloth that exactly covers the altar. It represents the shroud that covered Christ's body. There are five crosses embroidered, one on each corner and one in the centre to represent the five wounds on Christ's body at the crucifixion.

The Corporal: a square of linen used to gather the crumbs and drips of consecrated bread and wine, represents the cloth that covered Christ's head and was found folded beside the shroud.

Wafers: A form of unleavened bread is scriptural and reverent in use for Communion as it does not crumble and fall to the ground.

Vestments: These are the Robes that are worn by the clergy in conducting public worship. Use is sanctioned in Exodus 28. The white of the surplice represents the purity which must mark the Christian life, while wearing a stole over the shoulders indicates that all disciples are to take upon themselves the yoke of service for the Master in their daily living. Some wear a cassock tied at the waist with a girdle (rope) to symbolize their readiness to go and serve as well as being bound to Christ by Holy discipline.

Reserve or Tabernacle: A place reserved to store consecrated bread and wine for the sick or emergencies.

The Nave: This is the main central portion of a church in which the congregation sits and which generally has an aisle on each side and an aisle up the centre. From the latin, navis – a ship.

Sanctuary: The portion of the Chancel containing the Altar or Lord's Table, generally commencing at the step upon which the people kneel for communion

Transept: Churches which are built in the shape of a cross have two wings, north and south, forming as it were, the arms of the cross. The aisle in the nave is the main beam from the back of the church to the altar.

Wine and bread: He took bread and after blessing it He gave it to them saying "This is my body." Then He took the cup of wine and gave thanks to God. He said "This is my blood, the blood of the covenant shed for many. Do this in remembrance of Me."

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"Come to Me all who are heavy laden and I will give you rest." Remembering
Jesus
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Sources include "Some Ought to be known Symbols and Terms of the Church by Rev. William Galpin.

"A Manuel for the Chancel Guild" prepared by the Anglican Church Women of the Diocese of Toronto 1982. Editors, Ardith Breffitt and Joy Horswill.

Submitted by Merilee Clarke



St. Stephen's Chapel, Judges Bay Auckland New Zealand (photo Pierre Reinhard)

Calling all Youth at St. Thomas - come join us!

Beginning on January 22nd St. Thomas Youth have been meeting each Sunday evening from 6:30 to 8:00pm. We are a small group but plan to grow! Please let any youth know about our program, guaranteed to have fun and food each week!

The planning meeting allowed the youth to decide what weekly activities they wanted to have. It also allowed the youth to select a monthly event outside the church. They have decided on some interesting events to come - Laser Tag, Extreme Trampoline, Sleepover at a Museum, Movie Night, Greek Food Night.

The first BIG event occurred on Sunday; March 5th at the Escape Room called "Radioactive" at the Diefenbunker in Carp. I have to admit that I joined this activity having no idea what I was getting into ... let's just say if it hadn't been for the two very bright youth that I was locked in the first room with - I would still be there! Seven youth and Rev. Lee (just a kid at heart) thoroughly enjoyed their escape room challenge and I was amazed how these young bright minds work and great teamwork in figuring out the clues.



(Photos courtesy of Mary Attwell)

The weeks that we have met in the church hall we've had some fun events - board games night, Trivia night - youth against leaders, you can guess who won! Upcoming weeks are going to be spent on an Easter project. We are also discussing fundraising projects to allow us to fund our activities. A car wash in the summer is one of our planned events.

The youth would like to thank those who attended the Pancake Supper on February 21st. We served about 55 people and there was lots of healthy competition in who made the best pancakes!





Our second thank-you is for the parishioners who have provided or made wonderful treats (cookies, rice crispy squares, cupcakes) for our weekly meetings. Teenagers love to eat!

Please spread the word and encourage any young people and their friends to join us.

Submitted by Mary Attwell on behalf of the Youth Group, I'm trying to feel young! From God's Garden Church School



Hello Everyone.

Did you know that every Thursday there is a special preview of the next week's lesson on our website. You can preview it before hearing the Rev. Lee's sermon. ⁽²⁾ It's the Kid's Talk!!! For all ages. Have a look this week and read a different perspective on the gospel reading of the week. Years ago, several of us would take turns telling the Kid's Talk in church after the first hymn. I often got very positive feedback from the adults who enjoyed it as much as the kid's did.

This year has been a wonderful roller coaster ride as more and more families are returning to church. We have several new families and one of the dad's has volunteered to help on Sundays in God's Garden. Thanks so much Ewan Hurrell! Merri Curtin has returned to our parish after a

short relocation to Packenham and back again. She is going to be a great helper in our program as well. Thanks Merri!

Of course, Bonnie McNally is leading the younger class through all the bible stories, songs and crafts each week. A huge thanks to her!!! I am having a great time working with the older kids and I hear they are really enjoying it too.

William Passmore joins Bonnie and me alternating telling the Kid's Sermons online each week and showing everyone how to do the crafts of the week. A huge thanks to Rev. Lee who videos us and posts them online with Gary Graham's help.

Lorna Graham sends out birthday cards to all our kids each year. If they have not received one lately, please make sure you have filled in a God's Garden Registration Form. This includes all the grandchildren even if they can only come a few times a year. We like to keep in touch with all the kids who have joined us at any time.

Please pray and consider joining our God's Garden Team. It would really help us to be able to attend the church service once in a while. We need two adults in the younger class each week in case someone needs the washroom or to join parents upstairs etc. We cannot leave the other children unattended. So we need three each week. So please consider helping once a month or so. It is really lots of fun!!

Blessings to you and yours

Merilee Clarke godsgardenstt@gmail.com



Anglican Church Women

The ACW meet on the first Monday of each month in the Council Room at St. Thomas at 1:00 pm. Please join us any time you wish as we pray, do a little business and a big bunch of socializing and refreshments are served.

We are collecting milk bags (the ones that the 3 litres come in) and are sending them off to another parish where the ladies make mats for the homelesss in Ottawa. It takes a lot of bags and your help with this will be appreciated.

On Sunday, April 2nd, Palm Sunday, the ACW will be holding a cookie sale following the 9:30 am service. This is a fund-raising project for ACW and we hope you will support us by buying home made cookies. The cost is 1/2 dozen for \$5.00 and 1 dozen for \$10.00. The cookies will be laid out and you can choose which ones you would like from a very large selection.

At our monthly meetings the ACW ladies donate different products to the Shelters. Each

member can decide whether they wish to bring something or not, for the donation basket. For April, we are collecting body lotion.

We hope the ladies of the Parish will come and join us any time at our meetings. You will always be most welcome.

Diane Clement, President, St. Thomas A.C.W.



Stare at the four dots in the center of this picture for about thirty seconds. Then, close your eyes and wait for an image to appear. What did you see? Did you see an image of Jesus? Some people see the image of Jesus and some don't. It is just like it is in real life. Some people don't see Jesus because they are looking for Him in the wrong places. Submitted by Merilee Clarke

Your Obedience, God's Results



In the Book of Daniel, King Nebuchadnezzar had a dream. He would not share the details with anyone but demanded one of his Wiseman, enchanters, magicians, or fortune tellers reveal to him his dream and its meaning, or they would all die.

When Daniel came before him, he told King Nebuchadnezzar that there IS no one who could do that! But God... (Daniel 2:27-28)

Psalm 60:6-10 speaks to God's promises and his power to control the outcomes. When all seems out of control, we can trust God to do mighty things.

Our enemies may be people, may be thoughts, may be words. There may be a period of suffering that comes in our circumstances, but God...

"The God of all grace, who called you to his eternal glory in Christ, after you have suffered a little while, will himself restore you and make you strong, firm, and steadfast. To Him be the power for ever and ever. Amen." (1Peter 5:10-11)

Don't quit on your situation. Don't give up on God. If you do, you will miss the moment when he wants to reveal His power, making you strong, firm, and steadfast. Please, do not deny yourself His victory for you! With God's help, you will do mighty things, He will trample down what comes against you.

Submitted by: Carolyn Cheer Author/Blogger @tidbits_of_treasure Do You Believe I am God or Not?: Anchoring Your Hope in God's Promises

Open Table a Parish Ministry for All

Since we have some new members of our parish the team thought it might be good to explain the ministry and invite anyone who would like to help to join are merry group.

Each month we prepare and serve a Hot/cold full course meal for anyone who wants to come. It consists of meat, potatoes, vegetables, sometimes salad, rolls, dessert and coffee, tea. It is served on Saturday night at 5p.m. Doors open at 4:30.

We have a greeter at the door to welcome people and help with the elevator if needed. This is <u>free will offering</u> meal and while it was not intended to be a fund-raiser, we have managed to help with parish funds from time to time.

Once in the hall they are served hot tea or coffee while they wait to be served. The meal is buffet style and served by volunteers. Desserts are brought to the tables by volunteers. Then we have the clean up to do. This is also done by volunteers. Usually we are finished by 7-7:30.

It has been 3 years since we have been able to do this and we are excited to begin again. We will need HELP. Hopefully you have seen the email regarding helping and I hope this clarifies any questions you may have. If not please contact me either by phone 613-323-1971 or by email at mapilgrim1946@gmail.com

Hope to see you there either to enjoy the meal or to help.

Judy Dallaway (coordinator)

Note: Future Open Table dates for this Spring are April 15, May 20 and June 17th.



Report from the Music Director

I took over the role of Choir Director in November of 2021, replacing Patricia Brush who retired. I was so thankful to have started out as organist and worked with Pat and the choir. She was so knowledgeable concerning the music of the Anglican Church and I was fortunate to have worked closely with her.

This past year the choir of stalwarts continued to lead the music at Service and when our numbers were more than 4, provided an anthem as well. Many thanks to Barbara Bottriell, Susan Chapman, Tanya Drew, Linda Noble, Sylvia Stephens and Naomi Watson-Laird for your beautiful voices and your desire to have a choir in the church. We would always welcome new members, some men would be wonderful and then we could sing SATB music and not just SA. Reading music is not a requirement as we rehearse all the parts separately and then sing as an ensemble. The church has a wonderful collection of music , some of which has not been sung before. So come out and give the choir a try. Biggest requirement is that you can sing on pitch and hold your part.

Thanks to our singers for providing some wonderful music over the Christmas Season . Sylvi Dawes, Liz Norris, Gary Graham and Jane McCaig supported the choir and attended practices for December. Darcie Watson-Laird joined us for the services and supported the Sopranos so nicely. I can't thank all of you enough for your support during a busy Advent and Christmas season.

Lent and Easter season again was well supported by our "ringers" who just add so much to our choir. I know that every choir member appreciates the extra support at these busy times.

We are all so grateful for our sister worship team, Cornerstone, who give the choir and organist a Sunday "off". Sharing in a music ministry is not something that I have done before, and I sincerely appreciate having that week to prepare for the next month. Thank you also for sharing your voices with our choir. We are truly blessed at St. Thomas to have such good, strong leadership in our worship services.

I have provided music for funerals, special services, weddings, and other church functions. I so enjoy my time at the console and give thanks to the church for paying for upgrades to the organ and grand piano. A highlight this past Christmas Season, was a piano duet of "Carol of the Bells' provided by Naomi Watson-Laird and me. That was a blast!!! To reprise this duet again on Christmas Eve was wonderful. Thank you Naomi.

It has been a wonderful year at St. Thomas, and we will continue to provide the church with our Music Ministry.

Yours in Music Bonnie MacDiarmid

VESTRY PICTURE



Vestry was held on March 5, 2023.

Looking for a book to read? The A.C.W. has a cupboard filled with used books at the cost of a \$1.00 per book they are a bargain. Come for coffee/tea after church and have a look!



THE LAST WORD(S)

Instead of my usual notes about a particular song or hymn that I usually share in this space I thought that I would "take you along" to one of the stops on our recent trip to New Zealand.

It began with a text message from my younger brother last spring. My son is getting married, and you are invited to the wedding! So began a six month project... plane tickets purchased in June hoping to get a reasonable price (and then having the flight changed numerous times due to a cancellation of flights on that date, or a change of plane itself), the decision of which extended family members could make the trip (the number changed a few times), deciding and booking sightseeing locations as the numbers changed and how to pack for weather on both of New Zealand's as the wedding was at the north end of the North Island (usually fairly hot) and we were also going to Queenstown in the lower South Island (cool by North Island standards).

In the end there were six Canadian family members and three from Taiwan that made the trip. We had a great time and although there were a few moments that didn't go quite as planned they make for some amusing memories to share.

We decided to begin our stay in N.Z. with a few days in Auckland. We originally booked into a hotel in the Central Business District but decided to switch to the Parnell District of Auckland which is a much quieter neighbourhood with interesting architecture, coffee shops and restaurants. No big box stores there.

Within a easy 10-15 minute walk we found the Auckland War Memorial Museum where we spent most of a day viewing everything from displays about Māori and Polynesian culture and difficulties regarding treaty rights, exhibits about volcano eruptions (ask Pierre about the shaking house) and an entire floor

that houses artifacts and displays about the many military campaigns that have involved New Zealand forces.

As we walked from our hotel to the museum we passed the Holy Trinity Cathedral area, the Bishop's Precinct, and the Dean of the Cathedral's home. We were able to visit the Cathedral and the neighbouring St. Mary's-in-Holy Trinity during the visiting hours which are offered daily and have a Parishioner available to answer questions at that time.



Two views of Trinity Cathedral's Front entrance



Side view -Pierre Reinhard

Holy Trinity Cathedral is a bright modern church built to be a multi-functional space. The cornerstone for this newer cathedral was laid in 1957; the Chancel was completed in 1973 and was used as the Cathedral until the work on the Nave was completed in 1995. New Zealand architect, Richard Toy, designed the Nave.

The Neo-Gothic Chancel



More information about the chancel may be found at <u>Cathedral Chancel (holy-trinity.org.nz)</u>. Note that the colour behind the cross hanging on the wall changing colours according to the liturgical calendar.

The nave of the church is filled with individual chairs rather than pews. This allows the square space to be used for other activities such as concerts, Community gatherings, and commercial events. (Shown in the second picture below.)



These stained-glass windows were designed by Nigel Brown. They are believed to be the largest stained-glass windows in the Southern Hemisphere. The window on the left pictures the spirit of discovery and mission in reference to the Europeans who came to New Zealand. The window on the right of the picture refers to the natural resources to be found in Aotearoa (New Zealand). In the centre window you see the mixture of influences with native flora and fauna and Christ risen. The flower at the top depicts the seven days of creation. If you look from bottom left to bottom right. Unfortunately, the picture doesn't offer the level of detail for you to see that the seventh day shows a person lying on a towel on the beach to show the day of rest. You can also see the beauty of this window from the outside at night as it is lit from within.



These windows on the West side of the Nave were designed by Shane Cotton. They depict teachings from the Old Testament and are in muted colours like many traditional Northern Hemisphere stained-glass.

In contrast the windows on the East side of the Nave are more vibrant. Designed by Robert Ellis and following the teaching of the West side with scenes from the Gospels as influenced by Maori and Polynesian cultures.



Included on the grounds of Holy Trinity is St. Mary's in Holy Trinity. This was the second Anglican Cathedral in Auckland that was built. The first was replaced when it was deemed not large enough for the growing population at that time. This church was completed in 1898 and served as the Cathedral until Holy Trinity's chancel was built. One of the few timber churches in the world this church is built mostly from the heart of Kauri wood found in New Zealand.



This building was originally across Parnell Road from its current location in the Cathedral precinct. In 1982 it was raised hydraulically so that the lowest part of the structure was 1 metre from the ground and moved across the road. This church is used regularly for weddings, funerals and other events. You may read more about St. Mary's here: <u>St Mary's-in-Holy Trinity</u> (holy-trinity.org.nz)

The Cathedral holds numerous services held during the week and on Sundays. They also have a 9 am communion service at the St. Stephen's Chapel shown in a picture earlier in this edition.

The Volunteers were very informative about the history of this Cathedral and it offers beautiful worship surroundings as well as office and a gallery area. There is also construction of condominiums along the side of the Cathedral grounds which the developer is leasing for a long term. This will assist the Cathedral in funding their activities. The Cathedral website can be found here <u>Holy Trinity Cathedral |</u> <u>Auckland (holy-trinity.org.nz)</u> If you have the chance to visit Auckland I would encourage you to go to see this Cathedral.

Mary Anne

The People's Directory

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Eleanor & Roy			
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Kíd's Easter Page



Cut out the game on and glue it to a piece of Bristol board. Find a few small items eg. Coins, one for each player, plus one dice.

Start at #1, roll the die, move your item but stopping on each story square. Read the story and continue moving the rest of your turn. Rolling a # 6 will take you directly to the next story square.