

The People's Pulpit

Thanksgiving 2023



St Thomas sets its heart toward being a Christian Home which welcomes, encourages, and seeks to inspire people.

St. Thomas Anglican Church
1619 Stittsville Main Street
Tel. (613) 836-5741
StThomasStittsville.ca
StThomasStittsville@gmail.com
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ST THOMAS OFFICE HOLDERS, COMMITTEE CHAIRS AND STAFF

Incumbent	Reverend Lee Lambert
Parish Administrator	Carolyn Cheer
Organist & Choir Director	Bonnie MacDiarmid
Rector's Warden	Diane Clement
People's Warden	John Bottreill
Lay Members at Synod	Sherri Lambert and William Passmore
Synod Alternate	Dave Dallaway
Facilities Rep.	David Hazen
Treasurer/Bookkeeper	Ryan Dallaway
Stewardship Officer	Bob Lomas
Outreach Rep	Bonnie McNally
God's Garden	Merilee Clarke
Youth Group Leaders	Rev. Lee Lambert, Merilee Clarke, Mary Attwell
People's Pulpit Editor	Mary Anne Reinhard
Website & Facebook Administrator	Gary Graham
Projection Co-ordinator	Pat McNally
Altar Guild Co-ordinator	Arlene Simonovich
Anglican Church Women President	Diane Clement
Pastoral Care	Roy and Eleanor Baumgart
Cemetery Committee Contact	Jane Walsh
Coffee Hour Co-ordinator	Susan Clark-Dow
Sides persons Co-ordinator	Carolyn Cheer (8:30)
	Diane Clement (10:30)
	Carolyn Cheer (8:30 & 10:30)
Co-ordinator of Liturgical Assistants	Mary Passmore
Cornerstone Leader	Bonnie McNally
Counter Schedule Co-ordinator	Bob Lomas
Envelope Secretary	Committee leader
Fundraising Committee	<i>Position Vacant</i>
Nursery Coordinator	<i>Position Vacant</i>
Long Range Planning	Judy Dallaway
Open Table	Sylvi Dawes
Prayer Chain	Barb Bottriell
PWRDF Contact	<i>Position Vacant</i>
Telephone Team	Judy Dallaway
Funeral Tea Co-ordinator	Bonnie McNally, Judy Dallaway
Autumn Leaves Co-ordinators	Eric Thomas
Auditors & Financial Reviewer	

THE RECTOR: REV. LEE LAMBERT

Dear Friends,

It is good to be back in the community and sharing services with you again. I'm very grateful to both Diane Clement and John Bottriell as well as all the Lay readers and our guest priests for doing such a magnificent job in my absence. Thank you all.

Sheri and I spent many Sundays going around to other churches to worship and I have come back with a renewed sense of thankfulness for St. Thomas. Please don't get me wrong; every community we visited was, without fail, welcoming and full of faithful Christians. I honestly pray they stay strong in their witness. It's just that I felt something in particular was missing in each of them - and that something was what St. Thomas has to offer. We are not perfect: I know you all know this. However, we are moving forward month by month, year by year. Through your ongoing, dedicated efforts, we continue to be a welcoming home to the greater community where we bear witness to the Gospel. This is not just an important thing – it is THE most important thing. And you are a part of that.

I'm very glad to let you know that through the efforts of Bonnie McNally we now have four, nearby retirement homes which we visit each month with a communion service. In addition, all those requesting home communion have been able to receive it through our lay readers.

Diane and our Administrator Carolyn Cheer came up with an updated welcome package and advertisements and have these out to community groups who may wish to rent space during the week. These efforts have already borne fruit and we have received a number of calls already. I believe this is vitally important to us going forward: firstly, these rentals provide affordable meeting space for the people of Stittsville (in an increasingly expensive world). Secondly, they provide us with a secure, second source of income which doesn't always rely solely upon the increased giving of parishioners. In an ideal world, we can make the building of St. Thomas pay for itself through rentals.

We have much to be thankful for. Sure, there is always something that can be worried about but, more importantly, there are many more things of which to be thankful: our community, our Spiritual home, our witness in the community.

God Bless you all!

Rev.: Lee Lambert

THE RECTOR'S WARDEN: DIANE CLEMENT

As I prepare to write my R.W. Message for the Thanksgiving People's Pulpit, I can't help but be amazed at this past week, which has remained just beautiful, for our changing season from summer to fall. This is the season when we go from chilly, to warm, to chilly again all in one day. Furnaces on, furnaces off, then back on again by days end.

I sometimes complain by our shortened days, but also feel blessed that we live where we can experience all 4 seasons. Walking into church on Sunday and looking at the 2 main entrances and the beautiful fall decorations, done by the Altar Guild. It is not only gorgeous, but also a beautiful gift to each of us, as we pass through the doors.

Our attendance during the summer months was really good and steady. A special thank you to Canon Young, Rev. Blunt, Rev. Gadd and Lay reader William for providing leadership at St. Thomas while Rev. Lee was on his sabbatical and vacation. The office ran smoothly under Carolyn's watchful eye. We are now happy that Rev. Lee and his family have returned to us rested, refreshed and ready to lead us again.

One of the big things we are presently doing is trying to rent out our full church building, on a daily basis. As parishioners, you can help by spreading the word. Musicians can rent out our Sanctuary or Downstairs for weekly practices, rehearsals, recitals or concerts. Parties, dance groups, clubs (the list is endless) where the building can be used and we can raise needed funds, to help defray our monthly costs. Pass the word, give your contacts the church office telephone number and email and Carolyn will handle the rest.

The name tag board should be up to date with your name tag on it now. Please start wearing your name tag, so we can get to know each other. Plan to come downstairs for a coffee or tea and some goodies after our weekly services and have a chat with others.

Please volunteer for one project big or small, it is a great way to meet your church family. We have a lot of things going on and an hour of your time, means the world to the organizers, to God and your St. Thomas family.

If you are not presently getting our weekly emails, please speak to me and I will double check that your name is on our mailing list or call the church office.

If I can help in any way to make your attendance at St. Thomas more meaningful and prayerful, please let me know.

Wishing each and every one of you, my Christian family, a Happy Thanksgiving. We have so much to be thankful for and the first is our beautiful parish family at St. Thomas. We are blessed.

Diane Clement.



PEOPLE'S WARDEN: JOHN BOTTRIELL



Picture Mary Anne Reinhard

John was not able to write a full letter for this edition. He has asked me to remind the Parish of the Loyalty Program offered by Hurley's Restaurant. If you are eating there, please identify yourself as a member of St. Thomas. The number that they use to confirm that is the last four digits of the church phone number: 5741.



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Autumn Leaves

Saturday,
October 14,
2023

Yard Sale and Luncheon



**Outdoors: Books, Toys, Clothes,
Household Items, Christmas
Décor & Crafts**

**Luncheon: Adults \$8
7 & Under \$4
Soups, Rolls, and Sweets,
Tea or Coffee**



St. Thomas Anglican
Church
1619 Stittsville Main St.
9 am - 1 pm

**Indoors:
Silent Auction,
Baking, Jewelry**



FROM THE EDITOR : Mary Anne Reinhard

Once again, I am composing this edition from the table in the trailer. We have been fortunate to this summer to travel to many parks throughout Ontario. For the most part we have experienced sunny weather although some nights have been cool. We have walked and paddled enjoying God's handiwork and are always thankful for all that he has created. (I must say I wasn't overly impressed with the skunk who came within 18 inches of me at a campfire one evening.)

We have spent some time with family and friends on these trips and it is great to have time to catch up with all of them.

Over the next couple of weeks, I and many of you will be busy preparing for Thanksgiving and then the Autumn Leaves Sale and Bazaar. If you will go travelling over the next few weeks, then I hope the voyage is smooth. If you are at home for the holiday weekend, then I hope you have a bright and beautiful time.

The Autumn Leaves will be offering their soup luncheon for the first time in a few years. I will thank those who have offered to make soup, cookies, squares or to join the merry band of busy bees who work so hard to bring this meal to your seat at the table.

As always let me thank everyone who has contributed to this edition of the People's Pulpit. I am always amazed at the variety of material that is submitted and am so happy that I can share it with you.

Lastly, I draw your attention to the various requests for assistance that you will see scattered throughout this edition. Some are requests to help with the occasional phone tree, help with various things that contribute to a Sunday Service, or assist with an ongoing team of people. If you can help in anyway please do.

Mary Anne



Come RENT WITH US

PLAN YOUR NEXT MUSIC RECITAL
OR CONCERT AT:

St. Thomas Anglican Church in Stittsville



Beautiful Baby Grand:

In excellent condition, our bright and spacious sanctuary offers a cozy atmosphere for those special moments. This space is complete with overhead projection visible to audience members for easy participation.



Fantastic Acoustics:

No need to amplify. There is plenty of space to accommodate other instruments or accompanists.



Banquet Facilities:

Our large, spacious hall can accommodate small or large gatherings. Want to serve food to your group? Our kitchen facilities are available to rent.

Book Now

Call for dates and pricing



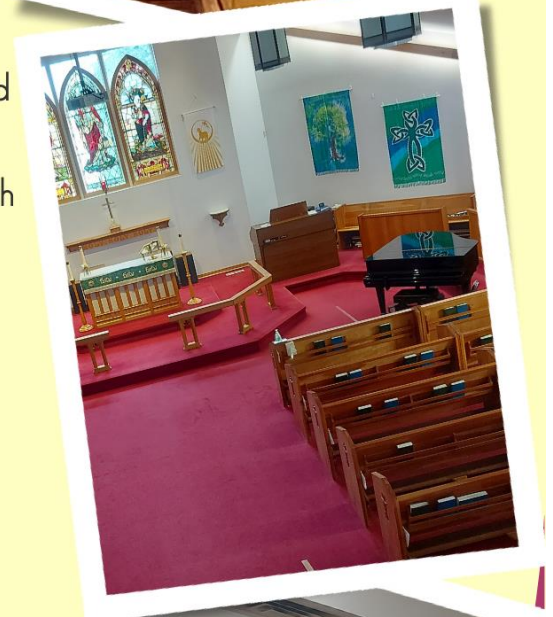
1619 Stittsville Main Street, Stittsville,



1-613-836-5741



www.stthomasstittsville.ca





GARDEN COMMITTEE

How did the Garden Grow?

Picture by Pam Hazen

With lots of sun, rain and 4 new volunteers.

It was great to welcome Jane Walsh, Linda Lorraine, Wendy Trim, and Judy Dallaway to the Wed. Morning Garden team. With lots of fun and hard work we weeded, planted, cleaned, and trimmed. Thank You all.

The ACW donated a red Geranium which was planted in the large planter at the entrance to the church. It loved it there and bloomed for over 5 months.

New bedding plants were put in the beds around the council room steps and in the bed under the sign. There were flowers and shrubs in bloom all summer, enhancing the look of our church grounds.

As part of the Spring Yard Sale, we had a plant and garden sale. Thank you to everyone who gave us cuttings and plants from their own garden and who started some from seeds. "IT was a Great Success". We raised \$567.00 which we gave to the church to help with the general church budget.

In early summer we said Goodbye to Ron Danielsen, who had helped me for the last two years. A very large thank you for all your work. I will miss you.

As Fall is approaching there is still lots of colour to enjoy in the gardens. And as we start to get the beds ready for winter we look forward to the next spring and new growth.

Pam Hazen,
Member of the Garden Committee.



Picture by Pam Hazen

FRIENDS OF THE FAMILY FUNERAL COMMITTEE

SO ! What is the **Friends of the Family Funeral Committee** about?

This committee has many parts and together they hopefully make a difficult day a little better.

- We have people who make sandwiches or bake squares or cookies.
- We have people who come in the day of and cut sandwiches and arrange them on tray .The same is done with the squares.
- There are tables to be set up and taken down after the event.
- We need someone to make tea and coffee (set out milk, cream and sugar).
- We need someone to do dishes and run the dishwasher.
- We need leaders for the kitchen to ensure everything is ready.
- We need people who can phone the sandwich and square makers.

Since Covid this group has diminished, and I am relying on a few women to help out. I believe that this is an important ministry as has been shown by the gratitude the families have for the service.

If you feel you could help with any part of this group, please contact me by phone at 613-323-1971 or by email at mapilgrim1946@ gmail.com . Your help will be greatly appreciated by the families and the parish.

Thank you for considering this,

Judy Dallaway
Coordinator.

SPECIAL CALL FOR VOLUNTEERS TO SERVE IN OUR MINISTRIES.

Volunteering in your church is a wonderful way to share the talents and gifts that God has given you in response to our call to serve. It is also a great way to get to know the members in your home parish who attend with you.

In his grace, God has given us different gifts for doing certain things well. So if God has given you the ability... [of] serving others, serve them well. If you are a teacher, teach well. If your gift is to encourage others, be encouraging. If it is giving, give generously. If God has given you leadership ability, take the responsibility seriously. And if you have a gift for showing kindness to others, do it gladly (Romans 12:6–8).

God has given each of you a gift from his great variety of spiritual gifts. Use them well to serve one another... Do you have the gift of helping others? Do it with all the strength and energy that God supplies. Then everything you do will bring glory to God through Jesus Christ (1 Peter [4:10–11](#)).

Please prayerfully consider joining one of our many ministries. Place your NAME, PHONE NUMBER, or EMAIL under any area on the signup sheet, or email stthomasstittsville@gmail.com noting the areas of interest. You will be contacted by a member of the team to answer any questions you might have and to learn more about what's involved. ***Indicates an area of great need.**

Thank you for taking the time to consider how you can help serve your church family.

Building/Grounds:

***Lawn cutting, *Snow Shoveling, Gardening, *Yard Maintenance, Building Maintenance**

Sunday Service: Readers, Servers, Choir, ***Projectionist, *Sides People, Counters, Altar Guild, and *Sunday School**

Fundraising/Outreach: ***Project Leaders for fundraising activities, Open Table, KSRSG (Refugee Group), Delivery of Goods to Shelters**

Communications:

Peoples Pulpit

Finance:

Audits, Bookkeeping, Financial Stewardship

Photo by JMENKING [Church Silhouette Free Photo Download | FreeImages](#)



CHOIR REPORT

The choir takes the summer months off, but we were called upon to form a choir for Barbara Swann's funeral in July. We were very fortunate to have 14 choristers join us to celebrate Barbara's life in song. We had choristers from Richmond and St. Andrew's Presbyterian churches, Glen Cairn United Church and the Goulbourn Male Chorus with some former choir members from St. Thomas as well as present day members. We also presented a beautiful anthem "Go Now In Peace" by Don Besig and Nancy Price. It was sung so beautifully and added so much to the service.

Now we are back in full swing with our first practice on September 14 at 7:00 pm. We would love to see some new faces – we would love to add some men to our choir as well – as long as you can hold your part, that would be awesome.

We are preparing for Thanksgiving, Remembrance Day, Advent and Christmas. This year Christmas Eve falls on a Sunday so there may be a different plan for that day.

Come and join us. We usually are finished by 8:15pm. The more the merrier as the old saying goes. God Bless you in your decision-making process.

Bonnie MacDiarmid, Music Director



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CALLING ALL WOMEN OF ST. THOMAS - DECEMBER WOMEN'S RETREAT!

The women at St. Thomas have received an invitation to join the St. Stephen's women's retreat.

A Women's Retreat, sponsored by St. Stephen's church in West End Ottawa, will be held at Galilee Centre in Arnprior, December 8th to 10th, 2023.

The Reverend Claire Bramma will lead the retreat. A little about Claire ... at 18, she was accepted into the Royal Military College in Kingston, Ontario, studying engineering and experiencing the rigours of military training as a cadet. After graduation in 2002, she rose steadily through the ranks from Captain to Major to Lieutenant Colonel. She was twice deployed to Afghanistan (from 2004 to 2005 and 2012). Claire was a parishioner at St. Matthew's in Ottawa from 2016 to 2019, during which time she participated in parish life and discerned a call to ministry.

Reverend Claire Bramma was appointed the Assistant Curate in the Parish of the Valley for two years, effective [July 19, 2022](#). She hopes to transition to the military Chaplaincy (the Royal Canadian Chaplain Service) and to be a channel of God's love and mercy for the people of the Canadian Forces, especially in this era of institutional change.

We will gather on Friday for dinner and leave following a Sunday morning service. There will be time for theme-based sessions, prayer time, quiet time, music, and some free time for outdoor winter activities (if there is snow). The price for the retreat will be about \$250.

So from December 8th to 10th take your mind and energy off Christmas shopping and enjoy some quiet reflection time and the fellowship of other Anglican women! If you're interested in attending the retreat please let Mary Attwell know by the end of October. Payment can be made to St. Stephen's church by either cheque or e-transfer (sstreasurer@googlegroups.com) and is required by the end of November. If you have any questions, please contact me - Mary Attwell by email at maryattwell@yahoo.ca or phone at [613-836-3133](tel:613-836-3133).



A FAMILY VISIT TO RHEINBERG, GERMANY

In March of 1949, my husband's maternal grandparents received a letter from the Royal Canadian Air Force. The letter reads like this: "It is with regret that I refer to the loss of your son, Pilot Officer Robert Douglas Mutch, who lost his life on air operations against the enemy on November 17, 1943.

Investigating Officers of this Service have ascertained that your son's aircraft crashed at a place called Frankenstein, Germany. The graves of the crew, buried by the Germans, were located in Hochspeyer Cemetery. In accordance with the agreed policy of the Nations of the British Commonwealth that all British aircrew buried in Germany would be moved to British Military Cemeteries located in Germany, your son and his crew were moved to the permanent British Military Cemetery, eleven miles Northwest of Duisburg, Germany. The cemetery is known as the Rheinberg British Military Cemetery. Unhappily, your son, Flight Sergeant Partridge, Flight Sergeant Dube and Pilot Officer Larson were the only members of the crew to be individually identified. Your son was laid to rest in Plot 18, Row A.3, Grave No. 8. The other members of his crew were laid to rest beside him. This British Military Cemetery will be reverently cared for and maintained in perpetuity by the Imperial War Graves Commission (Of which Canada is a member). The Commission will erect a permanent headstone at your son's grave."

Robert Douglas Mutch, affectionately known as Bobbie, was my husband's uncle. Bobbie was shot down in 1943 and my husband, Rory was born in 1946. Rory has always asked about Bobbie and wanted to know what he liked to do for a hobby. His mom would remind him of her brother, keeping him very much alive when she spoke of him. As Rory grew up and had more questions, his mom showed him pictures of Bobbie's medals that he earned while serving with the Royal Canada Air Force and pictures of his grave in Germany. Years later, she gave Rory these medals and pictures and one year for Christmas, I had these items framed in two frames and they hang on our bedroom wall.

Rory has had this lifelong wish to visit Bobbie's grave and this summer our son, Bryce, made it all come true. We flew out on Air France direct flight to Paris on July 27 and arrived at Charles de Gaulle airport on Friday morning, July 28. We spent the day touring Paris, but it rained off and, on all day, and it didn't make for a very successful day. Jet lag was catching up with us, so we headed to bed early with hopes of a better day on Saturday. We rented a vehicle and set off for Rheinberg – a 6-hour drive through rain, with a quick lunch stop in Liegges, Belgium for a Belgium waffle – absolutely delicious. We set out once again and arrived in Rheinberg, Germany around 5:30 pm and checked into our European hotel, which is more like a B & B. We asked at the desk if there was a place to buy flowers and she directed us to the market. Now we arrived at the market about 10 minutes after closing time so we were disappointed that we could not buy flowers for Bobbie's grave, but God showed us there was a way. There outside the market was a vending machine. It had 50 plexiglass doors and behind each door was an arrangement of fresh flowers. You swiped your card and entered the number of the door you wanted and voila! – a beautiful arrangement of fresh cut flowers. We were so happy.

Now we were off to the cemetery! GPS is a wonderful thing – when you know how to use it – and it led us to a country road, and about 3 miles outside of Rheinberg there was a small sign that said War Cemetery. We drove down this beautiful tree-lined driveway and arrived at this beautiful cemetery with over 3,000 tombstones all in white stone lined up row upon row. A huge Cross of Sacrifice stood before us and a large Stone of Remembrance closer to the gate. Powerful, powerful sight and God was with us all the while. We walked to Bobbie's grave and were overcome with grief. Rory had written a note telling Bobbie what had transpired in the family since his passing – so he stood at the grave and read to Bobbie. We had made up a little memorial baggie of things and we dug a small patch in front of his grave and buried the baggie. Rory had put in a legion pin, a loonie, his note and pictures of his medals – then we set the beautiful pot of flowers on top of this. We sang the Whiffenpoof Song and shed some

tears.

Now while we were standing at his grave, 5 Canada Geese flew over in single file, a small plane did a fly pass; there was thunder and lightning all around us which formed a double rainbow that stayed with us all the time we were there, and that was 2 hours. I walked through the cemetery singing Oh God Our Help, Soldiers and Sailors and Airmen too – a song I taught while teaching school; Let there be Peace on Earth – and stopped and looked at the names and the ages – some as young as 17!

The next day we drove to Vimy Ridge and were overcome with more emotions. What a magnificent piece of art. I had no idea how tall it was, standing 60 feet tall. We drove in along another treelined driveway but beyond the trees was something we had never seen before and thanks to our tour guide, Bryce, he explained that those “moguls” that you see roped off were where the bombs dropped and made indentations in the ground. This area was roped off because there could still be landmines buried there. We walked up to the monument, which we had been seeing for many miles before we got there, and we could envision that battle and how the British Allied forces broke through the German lines and liberated Europe. We met up with a tour guide and got chatting. I asked Eric (his name tag gave that away) where he was from and he said “Ottawa” but I am going to Bishop’s University so not in Ottawa right now. I am going into my 3rd year of Music. I replied that we were all musicians and Eric asked me “Do you play the piano?” and I knew who it was right away. Eric Clipperton was in the Junior Jubilee Singers choir, and I accompanied them for 4 years. His dad also sings in the Goulbourn Male Chorus with Rory. So there were lots of hugs and tears and more hugs. Pictures too.

On to Juno Beach, again through the rain, but we walked on the beach and then made our way to the museum and the walls of names who had given their life for our freedom. Another powerful moment for us, but all in line with our visit to the War Cemetery.

We so wanted to visit Normandy and the Newfoundland Memorial, but it was raining so hard we could barely see the road. We did, however, stay in Rouan for one night and visited the site where Joan of Arc was burned at the stake. There is a huge museum there as well, but time did not permit us to visit it.

Our final stop was in St. Malo, the town where Jacques Cartier set sail from. It is famous for its beautiful sand beach and, as it is on the English Channel, there are tides that come and go. We slept with our window open and listened to the sound of the sea. What an ending to a most memorable trip.

Submitted by Bonnie MacDiarmid



Canadian National Vimy Memorial : from Government of Canada Veteran’s website: [Canadian National Vimy Memorial - Veterans Affairs Canada](http://www.veterans.gc.ca/eng/commemorations/monuments/vimy)

GOD'S GARDEN

God's Garden is Flourishing!

This past summer has been so much fun!! We were and are still, learning all about our heritage beginning with Abraham and Sarah through Issac and Rebecca, then their son Jacob and Rachel who had 12 sons!

Wow! Then we learned how the Israelites ended up in Egypt and the horrible things that happened there. We learned how God sent Moses to free the slaves through the Red Sea and through the desert for 40 years until they received the 10 commandments and finally found the land of milk and honey that God promised them. It was a real struggle as is most of our own lives. We learned how God works in our lives in so many different ways!!

We read about Jacob's ladder of Angels and Joseph's dreams and so much more. There were stories, skits and crafts and songs each week.

All through the summer we were still videoing the story and the crafts and songs for kids everywhere. I also send out a list of activities each week for the kids to do at home. It reaches across Ontario and Canada. Find it on our website. www.StThomasStittsville.ca We have been doing this since the beginning of Covid and continue to reach out to children and churches everywhere.

A huge thank you to our videographer Ryan Smith, our Storytellers Bonnie McNally and William Passmore. Thank you to our teachers, new and experienced 😊 Merri Curtin, Ewan Roy and our newest addition Karen Davie.

And a big thanks to all of you who support the Church School with your givings each week.
Blessings to all
Merilee Clarke
Sunday School Coordinator

Let's Sing! (Sing 3 times starting quietly, louder then fast and loud)
Our God is an awesome God, (hands raised up)
He reigns from heaven above (fingers motion rain falling)
With wisdom, power and love. (point to head, show muscles and heart)
Our God is an AWESOME GOD! (hands raised up)

God, thank You for saving the Israelites. Thank You for showing us in big ways and in small ways that You are powerful. Remind us that when we feel afraid or confused, You protect us. In Jesus' name, amen.





Can you help us out?!



The ACW collects the following
in order to help out people in
our community...



MILK BAGS

large bags that the 3 litres come in
to be made into mats for the homeless
in the Ottawa area



POP TABS

collected for a charity who sells the metal
and buys wheelchairs for those in need



EYE GLASSES

no cases please
these are sent to third world countries



STAMPS

please cut 1/4 inch around them



PILL CONTAINERS

small ones that your prescriptions come in
please remove the labels
the missions use these to hand out shampoo, etc.

please bring in what you can and place them
in the donation bins in the
narthex/coatroom area.

Thank you!

And don't forget:

St. Thomas is always looking to support the Food Bank. Baskets waiting for your donations are at the back of the sanctuary.



Stittsville
Food Bank

Items that are most needed:

Campbell's 10oz soup in particular
 chicken noodle, vegetable, tomato and vegetable.
chunky chicken and beef soups
pasta sauce
crackers
rice
tuna, salmon and assorted canned meat
canned corn, peas, mixed vegetables, green beans
canned stews and chili
canned fruits
peanut butter
canned legumes
toilet paper

Thank you!

A POEM

Without God - our week would be
Sinday
Mournday
Tearsday
Wasteday
Thirstday
Fightday
Shatterday

7 days without God makes one Weak!!!

Submitted by Merilee Clarke

REQUESTS:

1. Bedroom for rent \$500.00 per month. This includes furniture, use of kitchen, diningroom, shared bathroom, and backyard deck. Would prefer someone who will help with some household chores.
Close to bus stop, parking space provided. Call to view 613-591-9351 or email merileeclarke@rogers.com
2. An elderly, longtime Parishioner of St. Thomas has moved to the Stonehaven Retirement Residence in Bridlewood and is looking for a ride to church for Sunday Services.
If you can drive this lady from Kanata to Stittsville and return, please contact Diane Clement at 613-825-6223.
It doesn't have to be a weekly commitment, but as often as you are able would be appreciated.

FREE CASH

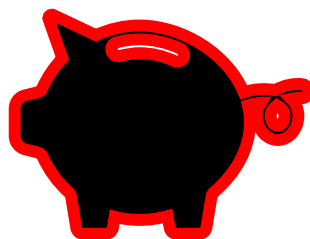
Want to know how you can generate revenue for the church with no effort at all and no expense to yourself?

1. **Hurleys** on Stittsville Main pays a ‘loyalty rebate’ to St Thomas, a percentage of everything spent there by parishioners, **IF** we give them the last 4 digits of the church phone number, 5741

2. **Home Hardware** on Eagleson Road also pays a ‘loyalty rebate’ if we simply tell them we are from St Thomas.

3. **Fundscrip** - purchase the gift cards from Nicole once a month and the return to St Thomas comes out of the merchant’s pocket, **NOT YOURS.**

Submitted by Bonnie McNally



NEWFOUNDLAND REFLECTIONS



This September Mary and I had an amazing vacation in the only province that we haven't previously visited, Newfoundland. We arrived having just avoided a late August storm on a wild wet windy day, 10 C dropping to 8C. After 3 short hikes we got into our accommodation. After settling in and drying out we went to our first kitchen party that evening.

What a fun event. After enjoying some Newfoundland and Irish music, we were invited to join in leading the singing. Then a Newfoundland lady who currently lives in Deep River approached me. She said that I was the "double" of her late father and that she reminded her of him. Later as part of my initiation as an honorary Newfoundlander, I was asked to say the oath. Choosing my English regional accent, I astonished the local Newfoundlanders who said "He sounds as if he was from the south coast" (of Newfoundland).



The following day the sun came out and we had the remainder of our days in Newfoundland in the low to mid 20Cs. The scenery in Gros Morne, St Anthony's, Twillingate, Bonavista and St John's was stunningly beautiful. On our first Saturday we wondered where to worship. We wanted a church en route from Gros Morne to St Anthony's. We were exploring the village of Cow Head and discovered St Mary's church but there was no service

that Sunday. However next door was God's Garden, a beautiful flower and rock garden-open to the public. To find a service we called the local priest, and he told us that there was a service in the neighbouring village called St Paul. So next day we attended St Paul's church in St Paul. We doubled the congregation! The service was led by 2 lay readers making the total 6! It was BCP morning prayer, and the sermon was read from a book of homilies, a throwback to the Middle Ages except that the music was provided on 3 ½ floppy discs on a computer! There was however a real sense of the presence of the Holy Spirit in the service.



At St Anthony's we stayed in the Grenville Heritage Hotel and Suites. While there we visited the Wilfred Grenville Museum and his family home. In 1886 as a doctor, he joined the Royal National mission to Deep Sea Fishermen and in 1892 was sent to the Labrador coast to investigate the condition of the fishermen. What he saw changed his life. From this point forward he was devoted to improving the lives of the people in Northern Newfoundland and Labrador.

He practiced medicine, built hospitals, established schools and orphanages. When not working on the coast he travelled to the UK, US and Canada looking for financial support and labour. On Sundays he would take services and preach the gospel. Such an inspiring person who we had not heard of before.

Our stay in St John's included touring Signal Hill and Cape Spear. At Cape Spear we saw the dramatic coastal defences, including large howitzers and barracks and powder magazines carved into the cliffs. We enjoyed worship at the Eucharist at St John's cathedral on the Sunday and met the brother of one of our St Thomas parishioners! The cathedral had a very impressive choir.

Our journey back to the mainland was a bonus. Leaving from Placentia at 5pm we had a scenic cruise along the south coast of Newfoundland. By 7pm the coast faded and it was time for a delicious dinner on the ship.

In conclusion Newfoundland is amazing, beautiful scenery, wonderful friendly people, interesting history, great culture and meaningful worship opportunities. In St Paul we were both reminded of the importance of worshipping in a local church when on vacation, realising that we can be a blessing to them as they are a blessing to us.

William Passmore

THE LAST WORD

I was going to look for a song to go along with the theme of Thanksgiving as I like to end each edition usually with a hymn or song and its origin but I felt pulled in a slightly different direction. We are reminded in the current sets of scripture readings in this season that God provided Manna and water to Moses and his people. He continues to provide through the work of many of his people. Much is being done within our Parish and the greater community. Is there something or somewhere that is calling you?

Richard Gillard, a British New Zealander, wrote The Servant Song in 1977 while a member of the St. Paul's Singers in Auckland. He was inspired by Matthew 20: 26-28. *"But whoever would be great among you must be your servant, and whoever would be first among you must be your slave, even as the Son of Man came not to be served but to serve, and to give his life as a ransom for many."*

The first line was originally written "Brother, let me be your servant" but has since been changed to be more gender inclusive.

The Servant Song

Will you let me be your servant
Let me be as Christ to you
Pray that I may have the grace
To let you be my servant too.

We are pilgrims on a journey
Fellow travelers on the road
We are here to help each other
Walk the mile and bear the load.

I will hold the Christ-light for you
In the nighttime of your fear
I will hold my hand out to you
Speak the peace you long to hear.

I will weep when you are weeping
When you laugh, I'll laugh with you
I will share your joy and sorrow
Till we've seen this journey through.

When we sing to God in heaven
We will find such harmony
Born of all we've known together
Of Christ's love and agony.

Will you let me be your servant
Let me be as Christ to you
Pray that I may have the grace
To let you be my servant too.

THE PEOPLE'S DIRECTORY

	Role	Phone	Email
Attwell, Mary	Member at Large	613-836-3133	maryattwell@yahoo.ca
Baumgart, Eleanor & Roy	Pastoral Care Team	613-831-4564	rebaumgart@sympatico.ca
Bottriell, John	People's Warden	613-836-2305	p.warden.stthomasstittsville@gmail.com
Cheer, Carolyn	Parish Administrator Tues, Wed and Thurs 9-1pm	613-836-5741	StThomasStittsville@gmail.com
Clarke, Merilee	Church School/God's Garden	613-591-9351	godsgardenstt@gmail.com
Clement, Diane	ACW President Rector's Warden	613-825-6223	r.warden.stthomasstittsville@gmail.com
Cordukes, Barbara	Member at Large	613-836-4178	
Dallaway, Judith	Open Table Chair	613-323-1971	mapilgrim1946@gmail.com
Dallaway, Ryan	Bookkeeper & Fundraising Committee Rep.	613-298-6670	rjdallawa@live.com
Dawes, Sylvi	Prayer Team	613-492-0218	sylvidawes@gmail.com
Graham, Gary	Website Manager	613-963-9661	garyngraham@gmail.com
Hazen, David	Facilities Rep.	613-831-3093	dave.hazen@ieee.org
Hazen, Pam	Member at Large	613-831-3093	
Lambert, Sherri	Synod Rep.& Council Secretary		slchavez19@msn.com
Lomas, Bob	Envelope Secretary. Stewardship	613-836-5229	bobhlomas@gmail.com
McNally, Bonnie	Cursillo Contact and Counter Co-ordinator	613-831-0968	pbmcnally@bell.net
McNally, Pat	Member at Large	613-831-0968	pbmcnally@bell.net
MacDiarmid, Bonnie	Organist & Choir Director	613-271-8474	rorbon@hotmail.com
Passmore, Mary	Cornerstone	613-836-2876	cpassmore@sympatico.ca
Passmore, William	Synod Rep.	613-836-2876	cpassmore@sympatico.ca
Reinhard, Mary Anne	Editor, People's Pulpit	613- 838-5781	mareinhard1@outlook.com
Simonovich, Arlene	Altar Guild	613-836-2753	asimonovich@rogers.com
Walsh, Jane	Cemetery Committee	613 866-1360	jpwalsh@rogers.com